



# The Open Line

SOUTH NASSAU

UNITARIAN UNIVERSALIST CONGREGATION

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*Abundance is the Whole-Congregation Theme for November*

**November 5, 2017 10:30 am**

**Worth and Dignity - Interdependence - Justice: Bedrocks of Abundance**

The Rev. Linda Anderson

Worship Associate Anne Olsen

**Daylight Saving Time ends, turn your clocks back**

**Coffee:** Rose & Angelo Musto

**Board Member on Duty:** Ellen Zaehring-Gach

**Ushers:** Nicki Barry & Andrew Spatt

**Greeter:** Membership Team & You!

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**November 12, 2017 10:30 am**

**Take, Eat...All of You**

**Coffee:** Lisa & Hal Hilliard

**Board Member on Duty:** Risa Centenni

Guest preacher Shari Halliday-Quan

Worship Associate Laura D'Angelo

**Ushers:** Rosemary Olander-Beach & Andrew Spatt

**Greeter:** Membership Team & You!

**Join us at the *Telebration*, a Story Telling, 'Fun & Fund Raising' Event at 1 pm**

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**November 19, 2017 10:30 am**

**A Meaningful Life**

**Coffee:** Lorrie & Ken Bellafore

**Board Member on Duty:** Ken Bellafore

Guest preacher Hollis Huston

Worship Associate Carrie Mason-Draffen

**Ushers:** Doris Brass & Andrew Spatt

**Greeter:** Membership Team & You!

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**November 26, 2017 10:30 am**

**An Apple Communion**

The Rev. Linda Anderson

Worship Associate Martha Chamberlain

**This is a Whole-Congregation Celebration!**

**Coffee:** Potluck! The Working with Jesus group is coordinating; bring something tasty to share

**Board Member on Duty:** Barbara Singer

**Ushers:** Robin Norris & Andrew Spatt

**Greeter:** Membership Team & You!

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Tuesday through Friday, and every third Monday

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## **SNUUC'S BREAKING NEW GROUND**

# *Ministry Team Update*

By The Rev. Linda Anderson, Lead Sunday Minister and Consultant to the Board of Trustees

As the Board of Trustees began planning *Breaking New Ground: A Creative, Collaborative Approach to Whole-Congregation Ministry* for 2017-18, a leadership model for SNUUC in this year without a half-time minister, it created a Ministry Team to lead the congregation. The team will offer a monthly update in this space, rotating authorship among team members, to keep the congregation informed. In the first column, Rosemary Olander explained the team's mission, members and collaboration model — as well as actions and ongoing projects. In this column for November, I want to introduce myself and say more about my work and presence with you.

As many of you know, I served the UU Congregation of the Catskills in Kingston, NY, from 1992-2010. I originally went there as a Consulting Minister, then an Extension Minister, and after three years was called as the Settled Minister. Extension ministers have special training in growth and organizational development for congregations. After leaving Kingston and moving to Stony Brook where my spouse, the Rev. Margie Allen, serves the UU Fellowship there, I worked as a hospital chaplain and educator of chaplains for Catholic Health Services of Long Island. I “retired” in 2014 but continued to offer bereavement services and Death Cafes. As a community minister I am affiliated with the Stony Brook congregation. Most recently I have worked with LIAC (Long Island Area Council of Congregations) on adult programming offering workshops and organizing and leading conferences. Also, I'm on the board and active with the UU Trauma Response Ministry. I love Turkish food and chocolate.

I'm happy to be with you on two Sundays each month kicking off the theme and then closing it off in collaboration with Harriet Arnold and the Religious Education program. I'm happy to work with the board in the areas they see me as useful. My understanding of what I'm doing is to help you continue and enhance the strengths you already have here in Freeport and to collaboratively and creatively develop new ones to meet the challenges that come your way. Sometimes that will involve trainings and workshops; sometimes it will mean meeting with committees and other times it will mean consulting with leaders and even the congregation as a whole. And I'm sure needs, as-of-yet unidentified, will arise. It's all about “*Breaking New Ground: A Creative, Collaborative Approach to Whole-Congregation Ministry.*”

I want to tell you about the service planned for Sunday, November 5. UU congregations around the country have been asked to hold another teach-in this fall by the UU White Supremacy Teach-In Planning Team: Aisha Hauser, Christina Rivera, Kenny Wiley, and religious educators, lay and ordained clergy and Unitarian Universalist Association staff. The first teach-in took place last spring and Rev Laurie Stuart led a service for you on the subject. After consulting with the Ministry Team, we've decided to answer the call and hold another service. It will focus around our UU principles, particularly our belief in interdependence, the inherent value of each person and the need for justice, equity and compassion in human relations. The service will aspire to educate, offer opportunities for each of us to look within ourselves, and with a deeper and broader understanding of ourselves and our society, inspire action and change. After the service there will be gathering circles for you to come and explore further. I hope that you will attend. We need one another.

Linda Anderson

# OUR BOARDWALK

As I write this, I see out my window leaves that are finally beginning to change colors and drop. Fall is late arriving this year. But change is coming, as I trust it will — and I want to be prepared. I have a list, as many of us do: clean out the flower beds for winter, take out the window air-conditioners, close the storm windows, maybe plant some bulbs.

And so it is at SNUUC, too, that we must prepare for change. And we have our own list. You may recall from the January biannual meeting that the Board of Trustees shared the developmental goals gleaned from nearly three years of interim ministry. The Rev. Laurie Stuart, our transition minister from 2014 through this spring, offered worship services and events to gather members' insight into our future. The board hosted forums and workshops to ask members for direction. A board subcommittee then articulated these goals in our Application for Developmental Ministry, which was shared at the January meeting.

## We have goals!

Despite not having hired a developmental minister, we've called this year "Breaking New Ground: A Creative, Collaborative Approach to Whole-Congregation Ministry," intending to pursue our developmental goals. This is an excellent time to review them.

Our vision is a resilient and sustainable congregation supported by these goals:

- We want to increase our membership, participation and programming: We want growth!
- We want to deepen our congregation's connections outside our walls, inhabiting a newly articulated identity as "an ever-widening sanctuary" for liberal religious expression and values on the South Shore of Long Island. This goal asks us how we want to be in the community.
- We want to continue to promote good governance, enhance healthy congregational life and achieve a clear, effective committee structure: We need improved systems and processes.
- We want to strengthen our finances to build capacity for mission and developmental goals. (Can I have an "amen!" for increased pledging and bigger fundraisers!)

Tackling the first, second and third goals, the board hosted a Joint Council gathering on Oct. 20 that was facilitated by the Rev. Linda Anderson, our lead Sunday minister and consultant to the board.

Called for in our bylaws, this gathering of committee/ministry leaders and members aims to increase communication and collaboration. Nearly 20 of us shared a potluck meal and a program led by the Rev. Linda. We got to know one another a bit better, then discussed values, mission and our developmental goals as they relate to our congregational work. Some of my take-aways:

- Committees/ministries need to communicate about their happenings; especially to newcomers, communication is inclusive and inviting.
- Member relationships are the lifeblood, the "glue" of congregational life. If new members (and regular old members!) aren't engaged in "meaningful work/activities in an atmosphere of appreciative and enjoyable accomplishment," they often drift away.
- Better systems and processes can help us be more inclusive and honor the First Principle of UUism: the inherent worth and dignity of each person.
- The way to "get more volunteers" is personal! Committees/ministries need to identify individuals who can accomplish congregational work because of their special skills or talents, tell them what the work really involves and explain why they'd be especially good at it. Then wait for them to say "yes"!

The board hopes all who attended the Joint Council gathering will take this discussion back to their committees/ministries to further our developmental goals.

## Bylaws revision initiative

At a special meeting Oct. 18, the board approved bylaws changes to be voted upon at our biannual meeting in January that would primarily change trustee and Nominating Committee terms to run from July to June instead of February to January. This change brings the terms in line with our congregational year and fiscal year, and it moves the election from January to May; those now on the board and Nominating Committee would have their terms extended by six months.

Changing the trustees terms to run from July to June will improve the board's continuity and planning capacity; it also synchronizes the board with our fiscal year and the large majority of UU congregations.

The proposed bylaws changes include a bit of housekeeping: for example, correcting the number of trustees in one section to seven (as per congregational vote in 2013), and changing the address of the Unitarian Universalist Association since its move two years ago. More bylaws revision information will be provided, including dates of informational forums, in the next few days.

With gratitude,  
Rosemary Olander-Beach, president, Board of Trustees

## *Zoom for meetings!*

The Board of Trustees is happy to announce that we now have a Zoom subscription that will enable committees/ministries to host virtual meetings.

If your committee/ministry would like to use Zoom, please contact board president Rosemary Olander-Beach at [rosemaryolander@optimum.net](mailto:rosemaryolander@optimum.net).

# Among Ourselves

We share the sad news, long time SNUUC Office Manager and member **Betty Kopsco** died on Oct. 13, in Pennsylvania, where she moved in 2006. She and her husband, Alan, joined SNUUC in 1963. There will be "an informal remembrance for her next spring at the cabin at Westcolang Lake, PA where her heart always went." Her daughter Nancy Rader and son Douglas Kopsco send their best wishes to all at SNUUC who knew Betty.

Long-time SNUUC member **Phil Kennelty-Cohen** is hosting an "Acoustic Jam" on Thursday nights, starting Nov. 2, at The Sunset Grill, 4066 Sunrise Hwy. in Seaford. Musicians are invited to play and listeners are encouraged to attend to hear **new, live music**. For more information, contact Phil at [philkennelty@gmail.com](mailto:philkennelty@gmail.com).

**Jim Hawkins** will do Part I of a performance of his new program; *Pivotal Moments in Irish History and Their Importance*, on Wednesday, Nov. 15 at 7:30 pm. The event takes place at the Garden City Public Library, 60 7th St., across from the Garden City Hotel and adjacent to the LIRR station. Through story, song, poetry and narration, Jim will highlight 5 pivotal periods in Irish history, discuss their importance, the people involved and their effects upon the Irish people. The program is free and Jim is encouraging members of the SNUUC community to attend. Part II of the program will be performed at a later date.

## Ways & Means

### Holiday Fair is Dec. 10!

Our Holiday Fair planning is underway. Mark your calendar for Sunday, Dec. 10, after service. We have some new vendors this year and a fabulous lunch planned for a reasonable price. The Ways & Means Committee is looking for baked goods donations for the bake sale table and items for the raffle / grab bag table. We also need volunteers for setup and cleanup. Rita Hines will be in the foyer after service with sign-up sheets. You can also contact Virginia Lawther at [Virginia.Lawther@gmail.com](mailto:Virginia.Lawther@gmail.com) about volunteering or donations.

**Ways & Means is looking to increase its committee membership.** Several members have had to step down and we are looking for new members to join. If you enjoy putting together fun events that build community and raise money, please contact [Virginia.lawther@gmail.com](mailto:Virginia.lawther@gmail.com).



# Committees at Work

SNUUC Committees meet regularly and welcome attendance at their meetings even if you are not a member of the committee. Speak with a Board member if you would like to learn more about serving.

**The Board of Trustees** will meet on Wednesday, Nov. 8, at 7 pm in the foyer.

**The Thrift Shop Committee** is scheduled to meet on Sunday, Nov. 12 at noon. Please speak with Anne Olsen, [afleming528@gmail.com](mailto:afleming528@gmail.com) or Bobby Granoff [bobbygranoff@yahoo.com](mailto:bobbygranoff@yahoo.com) to find out more about this committee.



**Caring Team** provides support and pastoral care to members. They will meet on Sunday, Nov. 12, at noon. If you or a member you know needs compassionate help during a time of stress or would like to share during a time of celebration, please email [snuuc-caring@optimum.net](mailto:snuuc-caring@optimum.net); kindly email items to be shared from the pulpit by noon Saturday. The Caring Team ministries are divided into four sections. You are encouraged to email or call the people listed here; telephone numbers are in the directory. Cards and phone calls: JoAnn Fassman; Transportation: Doris Brass; Visiting: Paul Sherrock; Joys and Concerns: Rosemary Olander-Beach.

**The Social Action Committee** will meet on Tuesday, Nov. 14, at 6:30 pm in the foyer. Speak with Ilene Corina for more info, [icorina@aol.com](mailto:icorina@aol.com).

**The Membership Team** will meet on Friday, Nov. 10, at 7 pm in the foyer. Contact committee member Julie Buckley at [Julie.buckley@aol.com](mailto:Julie.buckley@aol.com) to get involved!

**The RE Committee** will meet Sunday, Nov. 19, at noon in the Brantley wing. Speak with Sharon Pataky, committee chair, for more information, [Sharon@rsnanos.me](mailto:Sharon@rsnanos.me).

## 5th Sunday Giving

**On months with a fifth Sunday, the money received during the offering, that is not designated as pledge, is given to a not for profit charity.** The Fifth Sunday Giving Committee is asking you for information about a worthwhile non-profit charity who will benefit from our Sunday collection on 5th Sunday this December. Someone from the charity or the person submitting the application must give a short talk before the collection, describing the charity and who benefits. The committee is also looking for members. It is a minimal commitment of one hour every few months. The Committee reviews applications and chooses what charity will benefit from one Sunday's collection plate. Please speak with Mary Brower, [mlbrowerapr@aol.com](mailto:mlbrowerapr@aol.com).

# SNUUC Happenings

**NVC** **Compassionate Communication** - Based on Marshall Rosenberg's book "Nonviolent Communication – a language of life," the compassionate communication practice group meets in the foyer for 13 weeks every spring and fall to learn and practice Rosenberg's process of listening empathically and speaking honestly. Since the group began in 2005, close to 100 people have participated in at least one 13-week series and many have chosen to continue year after year. Contact Anne Olsen, [afleming528@gmail.com](mailto:afleming528@gmail.com), or Barbara Singer, [barbara.singer@gmail.com](mailto:barbara.singer@gmail.com), to learn more.

**Meditation** **Wake up a little earlier on Saturday and join the Meditation Group** (aka the South Ocean Sangha). Our group practice meets at 9 am Saturdays in the Brantley wing. This group is open to beginners. All you need to do is take a seat. For more info please contact Brian Larkin, [bolarkin@optonline.net](mailto:bolarkin@optonline.net)

**Prayer Group** **Join us every other Tuesday**, 10:30 am to 12 noon in the foyer for a study of one prayer from the sacred literature of the world. We work with a process called *lectio divina*. This practice of scriptural reading, meditation and prayer intends to promote communion with our spiritual reservoir. The goal is to enter and share in the spirit of the prayer and its meaning rather than an analytical reading. Of equal importance is the sharing of joys and concerns. We meet on Nov. 7 and alternate Tuesdays thereafter.

## South Ocean Art Gallery

Enjoy our current South Ocean Gallery art exhibit by members of National League of American PEN Women / Long Island Branch. Their mission is to encourage, recognize, and promote creative work of a professional standard in Art, Letters, and Music. Also they reach out to provide educational, creative, and professional support to members and nonmembers in these disciplines. The core values of the NLAPW are respect, knowledge, creation and preservation of the arts.

This exhibit by visual arts members of American PEN Women includes acrylic, oil and watercolor painting as well as digital collage. The artists are Melissa Assael, Phyllis Coniglio, Katherine Criss, Christine Greene, Joan Israel, and Kay W. Ray. Also shown are large abstract works by guest artist Karen Kirshner. Most works are for sale (see price list in foyer) and 20% of proceeds go to SNUUC. Show will be up until Nov. 19.

**Pilates** **Pilates classes** at SNUUC take place on Mondays 4:30-5:30 pm and Wednesdays 5:30-6:30 pm, only \$12 per class - no contracts to sign, no commitment, just come and stretch! There are a few date changes for November, speak with Pilates leader Lori at [digme77@optonline.net](mailto:digme77@optonline.net).

**Improv** **Spontaneity, Creativity, Fun!** Improv classes continue at SNUUC on Sundays, 2-6 pm in the foyer. No prior experience is required. Beginners are welcome. A series costs \$80 for returning students, \$100 for new students. For more information, please contact Michael Rock, [xmrock@gmail.com](mailto:xmrock@gmail.com)

**Yoga** Linda Cucurullo offers a weekly series of **Monday morning yoga classes** at 9 am in the foyer. These classes are aimed at developing strength, balance, and flexibility while building a gentle environment in which to practice and grow. The cost for the 6-week series is \$75 (\$60 to Linda and \$15 to SNUUC). Please contact Anne Olsen at [afleming528@gmail.com](mailto:afleming528@gmail.com) if you would like to join.

**Working with Jesus** **The Working with Jesus Group** meets on the second, third and fourth Sundays of the month, at 9:15 am in the Brantley Wing. If you're interested in reading the Bible and other source books, and conducting a respectful, open, nondogmatic discussion about Jesus and our lives as Unitarian Universalists, please join us. See page 6 for information about their upcoming Harvest Communion on Nov.12. Speak with Bob McGough [bob.mcgough@mac.com](mailto:bob.mcgough@mac.com).

**Druumatics** **SNUUC's drumming ministry, the DrUUmatics**, practices every Thursday at 6:30 pm in the Brantley wing. Find more information on their website, [www.druumatics.org](http://www.druumatics.org), or find the DrUUmatics on Facebook. Speak with Sharon Pataky or Laura D'Angelo.



**We need volunteers if we are to continue to have refreshments during our Sunday Coffee Hour.**

Sundays are available! It does not have to be elaborate: Just bring a half-gallon of milk, arrive at 10 am and make coffee.

Any additional snacks are simply a nice treat! Ask a friend or a new member to do it with you. Also watch for "potluck" Sundays, the last Sunday of the month, when you can bring something tasty to share.

Please choose a date to serve coffee and sign up on the sheet in the foyer or contact Nancy Levy, [mac-caronio@aol.com](mailto:mac-caronio@aol.com) Thanks!!



# Events at SNUUC in November



## Children's Clothing Swap!

Bring your clean, gently used items to SNUUC on Saturday, Nov. 4, from 10:30 am - 2 pm. Exchangeable items include, maternity, infant, toddler, children's sizes 4-16 (ages 4-12) Clean toys are also accepted. No stuffed animals. Bring your old items in good condition and take what you need for the next season or for a friend. Leftover items will be donated. This Mothers' Center event is free and open to the community. Contact [Virginia.lawther@gmail.com](mailto:Virginia.lawther@gmail.com) for more information.

## Stop Making Sense

This recorded live performance by the Talking Heads is described as "one of the greatest rock movies ever made". Watch, dance, sing, eat and drink with SNUUC friends! Lisa and Bill Bryson-Brockmann are leading this Talent Auction event on Saturday, Nov. 4, at 7 pm in the foyer for the fund and fun raising price of \$20 per person. All proceeds go to SNUUC. Please let Lisa know you are attending so we know how much delicious food to prepare, [Lisabb528@gmail.com](mailto:Lisabb528@gmail.com), or leave a message at the SNUUC office, 623-1204.



Stories.  
Connect.  
People.

## SNUUC will host Telebration!

All are invited to this event on Sunday, Nov. 12, at 1 pm. This is part of an international celebration of the art of storytelling. Six tellers and singers from a variety of cultures will tell stories and sing songs from countries around the world. This is a family-oriented event and will be a wonderful afternoon. It is a Talent Auction item, and we are opening it to the public as it is a FUND-RAISER for SNUUC. This fun event is hosted by Jim and Diane Hawkins. The program will be two, one-hour performances with refreshments at intermission. Some of the congregation purchased this item at the May Talent Auction. The price at the door is \$15 for adults, \$10 for children 12 and over and children under 12 are free. Come and enjoy a wonderful afternoon of stories and songs and support SNUUC. E-mail Jim Hawkins for further information, [irishhawkins@verizon.net](mailto:irishhawkins@verizon.net).



## Harvest Communion

The Working with Jesus Group is looking forward to celebrating our Harvest Communion on Sunday, Nov. 12, in the tradition of the Hungarian and Transylvanian Unitarian churches. We will meet at 9:15 am in the RE wing. We will have an abbreviated group study and then the communion. Ours is an open table and everyone is welcome. Please RSVP to Bob McGough if you would like to join the celebration, [bob.mcgough@mac.com](mailto:bob.mcgough@mac.com).



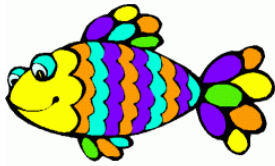
## Thrift Shop Flip

Join in on the *Thrift Shop Flip* at SNUUC on Sunday, Nov. 26, Thanksgiving weekend at noon in the Brantley wing. The fun talent auction event *Thrift Shop Flip* is coming to SNUUC and there is still room for more participants. This is what you can do to join in the fun. Purchase an item (or items) from our SNUUC Thrift Shop at 22 W. Merrick Rd. in Freeport. Take a "before" photo of your item and then begin your reinvention, up-cycling and refurbishing of your thrift shop find. The more items you buy to reinvent your item (i.e. material, yarn, trimmings and additional pieces) the more our thrift shop and SNUUC earns.

Here are some options of what to do with your finished product:

- Keep the item for yourself, your donation to SNUUC will be your talent auction fee and the money spent at the thrift shop.
- Auction off your refurbished project (perhaps by bringing it to SNUUC the week before with a silent auction sheet) and sell it to the highest bidder.
- Donate the up-cycled item to a cause that needs it, (ex. doghouse to an animal shelter, rocking chair to a baby care center)

Any of the above choices are great and promote our SNUUC objectives, so tell your friends! Entry to this event is just \$10 per person, \$25 for a family. Work in teams or alone. Since it takes place during Thanksgiving weekend, it could be a fun family project to work on when the kids are home from school and the family is together. Skip Black Friday and recycle a thrift shop find! Please let event coordinator, Liz DiMaggio know you are attending and for questions, 516-376-2737.



## SNUUC Family Night FISH PAINTING

*Eating, Modeling, Painting*

Nov. 17, in Brantley Wing from 6 to 9 pm

Join Jan C. Porinchak, professional artist / environmental educator, and make an awesome underwater themed painting and fish model!

This fun and educational project combines painting and modeling techniques to create a beautiful, aquatic, multimedia composition. Your children will paint, sculpt and engage their imaginations!

Join us for this “fishy” workshop along with a “kids” dinner!

Please register with Harriet Arnold or Meghan LaDue at SNUUC by Nov. 12; [arnoldharriet00@gmail.com](mailto:arnoldharriet00@gmail.com), [la-duemj@gmail.com](mailto:la-duemj@gmail.com). We suggest a \$5 goodwill contribution, but this is not mandatory.



## Mothers' Center

The Mothers' Center continues its next series of discussion groups at SNUUC. November's topic is The Family You Grew Up In. We welcome moms of teenagers and tots, first timers and multiples. At each meeting we connect on the joys and challenges of motherhood and support each other through our own journey. The discussion is facilitated on a topic focused on moms and their needs. Meetings take place on Nov. 8, 15 and 29 from 8-9:30 pm in the Brantley wing. Childcare is not provided but children are welcome to come. Speak with Virginia Lawther for more information, [Virginia.lawther@gmail.com](mailto:Virginia.lawther@gmail.com).



## Annual Holiday Trip

The 23rd Annual SNUUC Holiday Trip is happening on Sunday, Dec. 10. All are welcome, bring friends and family and get into the holiday spirit!

We meet 3 pm at the entrance to Hicks Nursery on Jericho Turnpike in Westbury. Santa will be there and he may bring some reindeer. After touring Hicks, we caravan to a “pay your own” buffet meal, followed by a visit to the tall, brightly lit tree and decorations at Reckson Plaza on Hempstead Turnpike in Uniondale. Make memories with the many photo opportunities. For more information contact Mary Brower (516) 532-2554 or [mlbrowerapr@aol.com](mailto:mlbrowerapr@aol.com).



## Our Thrift Shop



### Do you want to help our congregation AND our community?

Our Unitarian Thrift Shop at 22 W. Merrick Rd. in Freeport is a great place to volunteer, donate and shop! With your generous donations of small kitchen appliances, cook and bake-ware, working electronics, and small pieces of furniture, trinkets, jewelry (plus knick knacks, odd items of interest and sell-able used clothing), we help to furnish the homes of those in need and of our neighbors here in Freeport.

Your support of our Thrift Shop can come in different forms. Donating sellable items is a great start. So is volunteering your time to help fully staff our shop. Finally, shopping in our store might find you that little treasure you didn't even know you needed but could easily welcome warmly into your home! The Thrift Shop's income contributes significantly each year to the operating funds of the congregation which is still another way that you will be helping out SNUUC!

We are open Monday and Tuesday from 10 am to 1 pm and Wednesday through Saturday from 10 am to 4 pm. The phone number is 516-223-3974. Any questions? Please feel free to talk with one of our regular volunteers at the shop: Anne Olsen, Bobby Granoff, Ken Lawson, Andrew Spatt, Joe McAuley, Jay Gach, Barbara Singer, Arnie Herman, Fylice Larsen, Jim Hawkins, Doris Brass, Robin Norris and Frank Stevens.

# In the RE Wing

I have the world's largest collection of sea shells.  
I keep it scattered on the beaches of the world.  
Have you seen it? Steven Wright, comedian

This month in Religious Education, as we continue our study of Biblical characters from the Old and New Testament, we will look through the lens of this month's theme, ABUNDANCE. The timing could not be better. Last month as we learned about the Old Testament; Adam and Eve, Noah, Abraham, Sarah, Hagar, Isaac, Ishmael, Joseph, and his brothers we were exploring the concept of courage. The need for courage was great as these early monotheists struggled to explain their world and people's relationships to each other and to the mystery of their existence.

Our brilliant UU children have heard the stories and as our faith suggests, they have gone far beyond the miraculous and supernatural aspects of the stories to the feelings, humanity and wisdom that undergird them. As we enter November, a month known for abundant feasting, we will also begin our look at the New Testament and the stories of Jesus and his apostles. From the people of the Old Testament, a cast of thousands, we now look at the story of one man, Jesus, and his message.

It's a great spiritual truth: We find abundance when we give ours away. Jesus put this insight at the heart of his ministry: "You must lose your life to find it." We lift it up every time we say "To give is to receive." If you are struggling with a lack of personal abundance right now, turn this truth into your spiritual exercise this month. Don't try to find encouragement; give it to others. Don't tackle your problem head on; look for others with the same struggle and find a way to offer them help. If you are feeling "poor," figure out a gift you can give. In short, address others' needs for more abundance and see what you end up with in return. *Soul Matters*

Please remember to join us for our November Family Night on Friday, Nov. 17, at 6 pm. Professional artist / environmental educator Jan C. Porinchak will return and this year he will lead us in making an awesome underwater-themed painting and fish model! This fun and educational project combines painting and modeling techniques to create a beautiful aquatic multimedia composition. Your children will paint, sculpt, and engage their imaginations! A kid-friendly dinner is included too!

Please register with Harriet Arnold or Meghan LaDue at SNUUC by Nov. 12. We suggest a \$5 goodwill contribution; but this is not mandatory.

Harriet Arnold,  
Religious Education Coordinator



# SOCIAL ACTION NEWS

The next Social Action Committee meeting is Tuesday, Nov. 14, at 6:30 pm in the foyer. Do you have a social action interest? Come join us and talk about it. We are always open to new ideas

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Help make our upcoming Midnight Run Breakfast Run the best ever! We can use socks, socks and more socks, gently used and new are best as well as a collection of travel-sized toothpaste, deodorant, soaps and shampoo.

Gently used gloves, t-shirts, sweatshirts and shoes are helpful to people who are sleeping on the street. Do you have a men's size sweatshirt you don't wear or a few t-shirts size large or bigger? Please bring them to the Brantley wing.

If you want to participate even more, cooking and preparation will be in the Brantley wing on Saturday, Nov. 18, starting at 2 pm and we will return to SNUUC at 6 am to heat up the yummy breakfast to take and distribute in Manhattan.

Can you donate a dozen eggs (or 2 dozen - we need 6 dozen) on Saturday, Nov. 18? Fresh bananas, oranges, muffins and granola are also needed.

Youth ages 13 and up accompanied by an adult (does not have to be a parent) are welcome to participate in going to NY City but must all must come on Saturday afternoon to help prepare.

Please see any of the Midnight Run planning team to get more information: Mary Brower, Marietta Cleckley, Ilene Corina, Bobby Granoff, JoJo Granoff, Sharon Kennelty-Cohen, Sharon Pataki, Heather Rudin and Kyle Schuessler.

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Participants enjoyed the Death Cafe at SNUUC on Oct. 21, hosted by the Social Action Committee and led by co-facilitators the Rev. Linda Anderson and Lori Jones. Here are some of the comments from the participants about what it was like to talk about death together:

"The Death Cafe was a very positive experience for me and my ninety year old mom. Speaking freely about the subject alleviated many of my fears".

"Talking about death in a group setting is surprisingly comfortable and encourages meaningful self-reflection."

"I truly enjoyed the workshop and much more than I expected. It was very comforting talking about issues of death as there's usually no forum to do so. Thanks for a great and compassionate evening."

"The menu for the Death Cafe was very broad, introducing more than 20 options to discuss. It was an interesting way to get to know what some of our co-UUs think about in relation to death -- and life!"

"Talking about the topic that you don't want to talk about and can't talk to family about was a great relief."

"This was a great opportunity to share and find out what others are thinking and that my ideas are not that unusual."



# SNUUC Calendar November 2017

Meeting places: S-Sanctuary F-Foyer RE-Brantley Wing M-Minister's Office

<i>The November theme is Abundance</i>		Mon	Tue	Wed	Thu	Fri	Sat
<b>October 29</b> Sometimes You Have to be Brave - Rev. Linda Anderson Ministry Team 12 M Improv 2p F	<b>30</b> Yoga 9a F Pilates 4:30p F	<b>31</b> Bookkeeper 9:30a RE	<b>Nov 1</b> Choir Practice 7:30p S	<b>2</b> Pilates 5:00p F Drumming practice 6:30p RE	<b>3</b>	<b>4</b> Meditation 9a RE NVC 9:45a F Mothers' Center Clothing Swap 10:30a-2p RE Talent Auction Movie Event Lisa & Bill B-B 7p F&S	
<b>5</b> <i>Bedrocks of Abundance</i> - Rev. Linda Anderson Daylight Savings Time Improv 2p F	<b>6</b> Yoga 9a F Pilates 4:30p F	<b>7</b> Prayer Group 10:30a F Finance Comm 7:30p	<b>8</b> Laleche 9a RE Pilates 5:30p F Board Meeting 7p F Mothers' Center 8p RE	<b>9</b> Drumming practice 6:30p RE	<b>10</b> Membership Comm 7p RE Choir Practice 7:30p S	<b>11</b> Meditation 9a RE NVC 9:45a F	
<b>12</b> <i>Take, Eat...All of You</i> - Shari Halliday-Quan Working with Jesus-Harvest Communion 9:15a RE <i>Telebration!</i> J. Hawkins 1p F&S Thrift Shop Comm 12p RE Caring Team 12p M Improv 2p RE Open Line deadline	<b>13</b> Yoga 9a F	<b>14</b> Bookkeeper 9:30a RE Social Action Comm 6:30p F	<b>15</b> Women's Journaling F A. Olsen 1:30p Mothers' Center 8p RE	<b>16</b> Drumming practice 6:30p RE	<b>17</b> RE & Art Family Night 6p RE	<b>18</b> Meditation 9a RE NVC 9:45a F Foyer Art takeover 12p F MidNight Run prep 2p RE & K	
<b>19</b> <i>A Meaningful Life</i> - Hollis Huston Midnight Run 6a RE & K Working with Jesus 9:15a RE? Midnight Run debrief 9:30a RE RE Committee 12p RE Improv 2p RE	<b>20</b> Yoga 9a F	<b>21</b> Prayer Group 10:30a F	<b>22</b> Choir Practice 7:30p S	<b>23</b> Thanksgiving	<b>24</b>	<b>25</b> Meditation 9a RE Rhythm Jam Drum Circle 8p F	
<b>26</b> <i>An Apple Communion</i> - Rev. Linda Anderson Working with Jesus 9:15a RE Talent Auction Event <i>Flea Market Flip</i> L.DiMaggio 12p	<b>27</b> Yoga 9a F	<b>28</b>	<b>29</b> Mothers' Center 8p RE Choir Practice 7:30p S	<b>30</b> Drumming practice 6:30p RE	<b>Dec 1</b>	<b>2</b> Meditation 9a RE NVC 9:45a F PULSE 1p F	

**Read inside about these upcoming November events**

*Telebration!* Sunday, Nov. 12  
Harvest Communion, Sunday, Nov. 12  
Family Art Night, Friday, Nov. 17  
*Stop Making Sense*, Saturday, Nov. 4  
Thrift Shop Flip! Sunday, Nov. 26  
**and more!**

**The mission of the South Nassau Unitarian Universalist Congregation** is to provide a sanctuary of beauty and harmony where: We search in freedom for meaning and truth; we draw inspiration from many religious and philosophical sources while acknowledging the Judeo-Christian heritage of Unitarian Universalism; we embrace diversity and welcome people of all ages, races, and orientations; we affirm that our children and youth are an integral and important part of our religious family; we strive toward a social awareness that leads to transformative action in our community and to living in balance with the environment. Ours is a nurturing congregation where children and adults find acceptance and fellowship, feel empowered and grow spiritually.



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