

# The Open Line

# SOUTH NASSAU UNITARIAN UNIVERSALIST CONGREGATION

November 2, 2008 10:30 am Daylight Saving Time ends Guest speaker Bruce Knotts

United Nations Sunday Bruce Knotts, Executive Director of the UU UN Office

Change the World Before Those Other Guys Do. There will be time for questions after the service

Welcome: Linda Nanos Social Action Table: Mirna Obers Cortes

Ways & Means: Alice Spatt Lock-up: Anne Fleming

November 9, 2008 10:30am Rev. Catherine Torpey

What Now? Thoughts on New Directions for America

Ushers: Rita Tancredi & Robin Norris Coffee: Jayne Davison

Welcome: Betty Shelton Social Action Table:

Ways & Means: Mary Canada Lock-up: Tom Weingarten

November 16, 2008 10:30am

Rev. Catherine Torpey

Association Sunday Taking it to the Streets: the Meaning of Community Ministry

co-led by the Revs. Kelly Murphy Mason, Will Feinberg and Lilia Cuervo

Ushers: Hildegard Schubert & Alex Larsen Coffee: Cliff Teachout, Gary Rosenberg & Edwin Lazo

Welcome: Lori Strumeyer

Ways & Means: Rita Tancredi

Lock-up: Rosemary Olander Beach

November 23, 2008 10:30am

Rev. Catherine Torpey

The Courage to be Cheap Entering into the holidays with prudence

Usher: Lori Strumeyer & Andrew Spatt
Welcome: Polly Stevens
Social Action Table: Doug Breiding
Ways & Means: Fylice Larsen
Lock-up: Rosemary Olander Beach

November 30, 2008 10:30am

Rev. Catherine Torpey

**Gluttony** (Part of an occasional series on the Seven Deadly Sins)

Ushers: Martha Chamberlain & Edwin Lazo Coffee: Sharon & Ron Nanos

Welcome: Martha Chamberlain
Ways & Means: Arlene Brown
Social Action Table:
Lock-up: Robert Esformes

**Rev Catherine Torpey, Minister - Office Hours** 

Tues and Thurs 10-3, Wednesdays 12-6

I also welcome meeting at other times, as possible. Since I'm sometimes in meetings, or away at minister's gatherings it's always best to call before dropping in

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**Director of Religious Education, Jennifer Greene** Hours by

appointment

Office Manager & Editor, Lisa Bryson-Brockmann

Office open each 3rd Monday & every Tuesday through Friday 9-1

Phone: (516) 623-1204 Fax: (516) 771-9308 Web: www.SNUUC.org E-mail: office@snuuc.org

Community Minister,

Rev. Kelly Murphy Mason

Board President, Robert Esformes

## Muusings from the Minister

Dear friends,

Our national elections are upon us. Only in the first Sunday of the month will we still be wondering whether John McCain or Barack Obama will win.

After the 2004 elections, I saw New York Times columnists William Safire and Maureen Dowd being interviewed on television. Maureen Dowd was unhappy that George Bush had been re-elected president. Despite her great sense of humor, it was clear that Ms. Dowd was really despondent and had been yearning for a different outcome. Mr. Safire has a different political viewpoint from Ms. Dowd: having been a speech writer for President Richard Nixon he was happy that President Bush had won. As colleagues, it was clear that Ms. Dowd and Mr. Safire were friends, and as Ms. Dowd spoke about the hopelessness she felt at this result in the election. Mr. Safire said something along these lines: "Maureen, the way you feel is the way I felt when John F. Kennedy won in 1960. I felt that same despondency you're feeling now. But political tides come in and go out. Politics go back and forth."

I was moved by the compassion that Mr. Safire showed, on air, to his friend and political adversary, Ms. Dowd. Here were two columnists who tend to be on opposite sides of the fence, who were not shying away from speaking their truth, and yet acting with kindness and compassion for the feelings of the other.

This month, some of us may be overjoyed at the result of the election, and others may be deeply saddened. It is important to remember that not all of us will feel the same way. I urge none of us to make assumptions about what the proper political leanings are for a UU; if we all thought alike, I'd have to doubt we were thinking at all! The most important thing we can do in highly political moments is to do as Mr. Safire did: to feel our own feelings, and at the same time to show love and compassion for those who may be feeling just the opposite way.

Yours in faith, hope and love, Catherine

#### Community Minister's Corner

My favorite American holiday is one of the lesser ones, if it even counts at all; it's Election Day, the first Tuesday in November. I've placed a brightly striped red, white, and blue ballot box on my calendar to mark it. I have my voter registration card at the ready in my action file. I have my lapel pins primed for my jacket that day. You'll recognize me as one of those unapologetic, flag-waving patriots counting down the days to November 4<sup>th</sup>.

This year, unfortunately, time constraints will not allow me to volunteer at the polls, as I have in the past. Being a poll volunteer has indeed been an honor, watching all comers who have a vested interest in participatory democracy come to cast their votes, some perhaps for the last time, some for the first. Voting is not simply a duty for these folks; it is a privilege in its own right. They appear not for the sake of a particular candidate, but rather, out of dedication to an ideal, the same one our founders debated over, fought for, died for, and devoted their entire lives to, if they were lucky enough to survive.

A few years ago, my polling place was a public school in Brooklyn that was woefully understaffed and wonderfully oversubscribed. The lines were too long, the booths too few. Those of us there quite literally waited hours to vote. We griped but we were determined to go the distance. A few had to leave, some promising to return after work, but so many more stayed, the vast majority. Not one of us seemed glad for one less voter or the couple of steps that resulted in our being that much closer to the voting booth. We had an understated but obviously tender regard for one another. Imagine, all of us together in our pilgrimage for democracy. We wanted everyone to be accounted for that day.

There was no partisan politics evident at PS 81. Some vocal and informed voters even reminded the campaigners outside the school entrance to keep the legal distance from the polling place. Neither Democrats nor Republicans received any preferential treatment. Each person got one vote. We stood as equals, trusting the collective wisdom of one another to determine the future course of our country we all called our own. I doubt I'll get through this Election Day without welling up with tears. I haven't gotten through one in the past, so why should

tears. I haven't gotten through one in the past, so why should this year be any different? The whole enterprise touches me deeply, as it is at once wildly improbable, unmistakably decent, and uniquely dignified. If you ever want to hear convincing testimony about the inherent worth and dignity of each individual, go to your local polling place that first Tuesday in November.

Vote. Watch. Learn. Let your fellow Americans impress you as they impress me. Trust in the right of conscience and the necessity of democratic process. Understand that allowing people to democratically determine matters that are most important to them is nothing less than a spiritual discipline. Don't tell me who you voted for; tell me only that you voted. That alone will speak volumes. I believe I will understand exactly what you mean to say.

Kelly Murphy Mason



Hello All, another month has gone by and we have seen some pretty big changes in the world and most important our own economy. Obviously, the current economic climate affects us all and yet somehow we will all persevere. I know that most of us are feeling overwhelmed but I believe if we care for ourselves and each other we will get by.

Recently a few of us attended a leadership retreat at Shelter Rock. Many things were discussed through different seminars. One of the topics was safety. Safety comes in different forms. One thing that we need to do better is disaster planning. In the event of a fire what do we do? Where do the children go? We have discussed this and will be working on a disaster plan and then practice with fire drills. More to come on this but we all need to be prepared so we can feel safe in the event of the worst case scenario.

In addition, we have discussed putting a small blurb in the Open Line on what action items have been voted on and feel that this would be another area to better our communications with you all. More to come, but check the Open Line.

Last but not least this is a very important year for all of us. We have, most likely, the most important presidential election of our time. Our country is at a crossroads and in need of new leadership. We have the potential of having the first African American President or the first female VP in our history. I urge all of you to vote on Election Day.

Take care, Rob

It is with great joy that we congratulate
Catherine Torpey on receiving her final Ministerial
Fellowship from the UUA. We are grateful to have
been part of this process - the Board of Trustees
(Robert Esformes, George Jackson, Anne Fleming,
Tom Weingarten, Jean Smyth-Crocetto, Ken
Lawson, Barbara Singer, Rosemary Olander-Beach,
and Travis Compton) and the Committee on Ministry
(Carl Spatt, Denise Hibbert, Anne Fleming
and Ilene Corina).

<u>\*</u>\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*

The Nominating Committee is seeking candidates for Youth Trustee.

The Youth will vote for their candidate during RE on November 2.

Contact Mary Brower for information.

### Our UU Community

It's Not LIYUUTH, It's Now UU Connect! The Pumpkin Patch Party held in October included pictures, painting, carving, purchases, snacks and more! A special service was held by UUCCN youth. Fall harvest fun was had by all! Save the Date for the next UU Connect event - December 5th to NY City! Please see Ilene Corina for more information.

On Sunday evening, November 23 at 7pm, SNUUC will once again host a Transgender Day of Remembrance Service. The Transgender Day of Remembrance was set aside to memorialize those who were killed due to anti-transgender hatred or prejudice. The event is held in November to honor Rita Hester. whose murder in 1998 kicked off the "Remembering Our Dead" web project and a San Francisco candlelight vigil in 1999. Since then, the event has grown to encompass memorials in dozens of cities across the world. SNUUC hosted this event last year and we're proud to hold it again. Our Gay Straight Dialogue Group will assist with ushering. This event will once again be moving and powerful. Please come support the transgender community and show that we truly are a Welcoming Congregation!

## Chalice Lighters

Our Chalice Lighters collection for the Rock Tavern UU now totals \$785 with promises of \$60 more to come in, for a hoped-for total of \$845. Our goal is \$1,000. They are trying to "Rise From the Ashes" from their disastrous fire of 2006 which destroyed their building and contents. We have only \$155 to go to reach our goal. If you would like to contribute, please see Carl Spatt. Suggested donations: Family \$30, Single \$20, or what you will. Check made out to UUMDNY. Item Line: Rock Tavern. Gratefully, Alice and Carl Spatt.

Guest at Your Table is a program from the UU Service Committee that allows congregations to learn more about the UUSC's human-rights works and to contribute to their efforts. Will you be able to coordinate the program for SNUUC? Guest at Your Table resources are now available online at <a href="https://www.uusc.org/guest">www.uusc.org/guest</a>. Please check the link to learn more and see if you can lend a hand to this important program for SNUUC.

# Among Ourselves

We welcome new member Nicola Barry. Nicki has been a friend of SNUUC since the 1950's (and used to play the organ while her husband Dick led the choir) and we're happy that she has decided to become a member.

Many thanks go to Carrie Mason Draffen. Carrie was a speaker at an event in October and she once again has donated half of the fee she received to SNUUC.

Geoffrey Canada, Mary Canada's son and the man behind the Harlem Children's Zone was an inspirational speaker at SNUUC in spring 2007. *Whatever It Takes*, a book about Geoffrey Canada's quest to change Harlem and America has been written by Paul Tough. A review of the book was in the October 19 issue of the New York Times Book Review and can be accessed at

http://www.nytimes.com/2008/10/19/books/review/Perlstein-t.html?em

# Ways \$ Means

Sunday, December 7 is our annual Holiday Fair. All SNUUC members are invited to have a table to sell their own arts, crafts or assorted treasures. You keep 80% of the profits and 20% goes to SNUUC. It's a win, win! For further information, or to reserve a table, please contact Fylice Larsen or Alice Spatt.

Do you buy groceries? Then be a part of SNUUC's Grocery Store/Gift Card Program. You buy the cards at face value and use them as you would cash or give as a gift! Proceeds from the card sales help raise money for SNUUC! The cards can be purchased at the Ways and Means table on Sunday or sign up for monthly mailings with Alexis Surve. AlexisSurve@gmail.com

## SNUUC's Senior Youth Group is hosting a YRUU (Young Religious Unitarian Universalist) Spirituality Development Conference (SDC).

On Friday, November 14 through Sunday, November 16 SNUUC is hosting a Con. This event is open to NY Metro District youth and adults and focuses on ways to design effective, creative and meaningful worship services. SDC's are unique experiences. They can greatly transform the tone and culture of a local youth group and congregation. People return from an SDC inspired to integrate worship more deeply into their program and congregation as a whole. There are many ways to support this special event at SNUUC. If you are interested in attending or volunteering during the weekend, please see Travis Compton, Matt Keller, Matt Corina or Ellen Minzner.

# Committees at Work

SNUUC Committees meet regularly and most encourage attendance at their meetings even if you are not a member of the committee. Check the committee chairperson list on the bulletin board in the hall and call if you would like to learn more about a committee.

**Social Action and Environmental** Committees meeting on Sundays, October 26 and November 30 at noon in room 1.

Ways & Means Committee meeting at noon on Sunday, November 2 in the room 1.

**Committee on Ministry** meeting on Thursday, November 6 at 5:30 in the Minister's office.

**RE** Committee meeting Sunday November 9 at 9am in room 1.

**Thrift Shop** Committee meeting Sunday, November 9 at noon in room 1.

**Membership** Committee meeting Tuesday November 11 at 7:30pm in the foyer.

**Finance** Committee meeting Wednesday, November 12 at 7pm in room 1.

**Board** meeting on Wednesday, November 19 at 7pm in the foyer.

The Fifth Sunday giving collection plate for November will be donated to "The Red Door School for Autistic Children" in Ireland. This charitable organization was submitted by Bobby Newman.

#### 'Share the Light' program announcement

SNUUC's annual Share the Light holiday gift giving program will begin in November. For those not already familiar with 'Share the Light' this is a non denominational non sectarian anonymous gift giving holiday program which benefits needy children who are or have been in foster care and might not otherwise receive gifts at holiday time. Share the Light has enjoyed the generous support of the SNUUC and Shelter Rock congregations as well as various civic groups for over 12 years now and has been very successful!

The program seeks to provide gifts to the children in an anonymous fashion. Details and sign ups for specific children with their descriptions will follow in November. Check your orders of service for specific sign up dates. SNUUC and, in particular, the RE program have always been very supportive of 'Share the Light' and we hope and expect that this support will continue. The program connects SNUUC members to the wider community and allows us to practice our principles of justice, equality and compassion in human relations. Please participate if you can.

Any questions, please contact Doug or Linda Breiding.

#### **SNUUC Happenings**

Gentle Yoga for Health, Well Being, and Balance. Interested in gentle yoga with a focus on spirit? Join us in the SNUUC fover on Thursday afternoons (4:30-5:30). We will be starting our next 6-week session this Thursday, October 23. The fee for the 6-week session is \$75, payable at the first class. The class is taught by Ivy Greenburg, a licensed yoga instructor who has worked with classes in independent living situations as well as in studio voga classes. Pre-registration is requested, contact Anne Fleming to sign up afleming528@gmail.com.

Saturday November 1 is the date for our next Pot Luck dinner and Movie Night at SNUUC. It's the day after Halloween, you can wear a costume! Dinner begins at 6pm. The movie is *Under the Same Moon* and it begins at 7:30pm. See the flyer included with this Open Line for more information.

Youth Night at SNUUC. All SNUUC youth invited for fun and food. Friday, November 21, 6:30-9 in the RE wing. Organizers are needed, please speak to Ilene Corina.

The Poetry Circle will meet at 12 on Sunday, December 14. All poets and fans of poetry are encouraged to attend and participate. You may read your own, or those of a chosen poet. Please join us for this interesting and exciting opportunity. Questions? Contact Doug Breiding.

NVC Empathy Sessions are held on the 1st and 3rd Tuesdays of the month from 7:30-9 pm in the foyer. Everyone who has participated in a 13 week Compassionate Communication Series is invited to join us to practice empathy skills. Speak to Anne Fleming or Barbara Singer.

Monday Night Pilates - 8-9pm, only \$12 per class - no contracts to sign, no commitment, just come and stretch! Contact Bonny Levenson for information.

South Ocean Sangha Each Monday night at 7:30, the South Ocean Sangha meditation group gathers in the foyer. Sangha refers to a group of people who meditate together. We meet to meditate and share readings about Buddhism, insight meditation, and life! We welcome new or experienced meditators to join us. We always finish before 9pm. For more info, call Bill Bryson-Brockmann or email him, wbbrockm@winthrop.org.

**Drumming** Thursdays from 6 – 7:30pm, a small but dedicated group learns Afro-Caribbean drumming. You are always welcome to join us. \$25 a session for nonmembers or \$20 for members. There is usually a drum available if you can't bring your own.

Are you or someone close to you in need of medical treatment? Want to learn about advocates or patient partners? Join us for Family Centered Patient Advocacy Training on the first Tuesday of each month from 10-12 in the foyer. Patient safety materials and individual patient advocacy counseling is available. To register or make an appointment call PULSE at (516) 579-4711 or just stop in.

#### **South Ocean Art Gallery**

#### Old Masters Oils

We are very excited to announce our next art opening on Friday, November 7, from 7-9pm. Don't miss the classic. original oil paintings of Carolyn Melillo. Enjoy beautiful still life and landscape paintings, done in the chiaroscuro style of the old masters. Carolyn's exhibit two years ago was our most successful exhibit ever! Enjoy wine. cheese, and live music by the talented Greg Ryan. Our current exhibit closes October 26. There is still a

great variety of art to view or purchase in different styles and prices.

#### **RE NEWS**

TheReligious Education Committee, at the October 12 meeting, discussed plans for worship, fun and emergency preparedness. DRE Jennifer Greene reported that RE Registration is winding down: 35 children and youth have registered, 10 families have yet to register. Committee member Ellen Minzner said registration is underway for district-wide Youth Conference to be held at SNUUC November 14 through 16. She is looking for SNUUC volunteers to host out of town trainers. In other business, senior youth will organize a monthly food collection for the INN programs. Members of SNUUC would be asked to donate canned or boxed goods. Halloween parties will take place this year because four adults have stepped forward to coordinate the events. Ilene Corina and the senior youth will host a Winter Welcome for RE graduates. The next REC meeting will be held November 9 at 9am All are welcome. If you would like to address the committee about a particular matter please contact Committee Chairs Laura D'Angelo or Javne Davison.

## Our Thrift Shop

Our Thrift Shop needs housewares and costume jewelry; they both sell very well. We will also take most clean, gently used saleable merchandise; brick-a-brack, furniture and clothes. The Thrift Shop, located at 22 West Merrick Road here in Freeport, is open 10-4, every day but Sunday. Stop by, we can use your help and your merchandise, and you will probably find something for you!

CALLING ALL KNITTERS Be part of the Unicraft Auxiliary. Knit items at home which can be sold at the Holiday Fair in December. We have wool and synthetic varn, some needles and other equipment. And we would love to have you join us when you can on Thursday afternoons from 1:00 pm to 3:30 pm at SNUUC. We promise you good conversation and delicious refreshments. Call or e-mail Alice Spatt alicespatt@msn.com.

## In the RE Wing SOCIAL ACTION NEWS

You may have heard the joke about why the singing isn't the greatest in UU congregations...because everyone's reading ahead to see if they agree with the next lvric?

Here's my confession: I used to be one of those UUs!

Moreover, when it was my task to plan the service and select hymns or readings, I would usually pass over the ones that contained references to God-because, as an agnostic. I felt that such language excluded me. I would keep leafing through the hymnal, looking for lyrics that didn't seem to exclude anyone.

Then, one Sunday, I was attending a service at the UU Fellowship of Huntington, and I noticed something printed in their order of service.

And I had an "Aha!" moment.

The message said something like this: The membership of this congregation is theologically diverse. We ask those who would share in our worship to show a generosity of spirit. That which does not feed one, may well provide sustenance to another.

Well, I realized something that day. I realized that I don't have to feel excluded when I hear words that don't speak to me. Instead of feelings of objection, I can have feelings of happiness. I can enjoy the thought--the likelihood!--that content which is not especially meaningful for me will be meaningful and uplifting for my neighbor in the pew.

Since then, I've also realized we can extend this principle in other ways regarding worship. We can recognize that we are not only a theologically diverse community. but also a multigenerational community. Perhaps there's some music that I don't recognize (but it means a lot to the youth), or an element that doesn't move me (but it's beloved to many elders). At these times, I'm reminded that "those who would share in our worship are asked to show a generosity of spirit." I'm reminded that other members of the community are nourished by these things, and I'm happy about that, because I care about their nourishment, too.

The message about finding that generous spirit is posted on the walls of the Senior Youth room. And if you've got a piece of wisdom about worshiping together, or nurturing our multigenerational community, I invite you to share what you've learned.

As it happens, youth and adults will be delving into these very matters at the Spirituality Development Con that SNUUC is hosting this month. I'm so grateful to Ellen Minzner for bringing us this opportunity, and I'm glad that so many from SNUUC will be attending!

With love and hope, Jennifer

Social Action and Environmental committee meetings will be on Sundays October 26 and November 30 at noon in room 1. All welcome!

#### **November Movie Night** and New Sanctuary Movement

On November 1, the Social Action Committee will present the movie Under the Same Moon, (see the enclosed flyer for movie details), a powerful movie that documents the human suffering endured by families of undocumented immigrants trying to escape the economic hardship of their native countries. We are presenting this movie as part of a series of programs designed to educate the congregation about the New Sanctuary Movement. The New Sanctuary Movement is a movement that calls for an immediate moratorium on all federal raids and unjust deportations that separate parents from their children and create a climate of fear and repression. In May 2007, UUA President Reverend William G. Sinkford issued a press release stating that the Unitarian Universalist Association of Congregations endorses the New Sanctuary Movement.

In January 2008, the Social Action Committee brought this issue to the SNUUC Board of Trustees and asked the Board, as elected representatives of the congregation, to pass a resolution supporting the New Sanctuary Movement. The SNUUC Board of Trustees declined to vote on this resolution and instead asked the Social Action Committee to educate the congregation on the issue and bring the resolution to the January 2009 yearly congregational meeting for a vote by the entire congregation. The November and December movie nights and the conversations that follow are offered to help the congregation learn more about the New Sanctuary Movement.

Have an idea for making SNUUC more green? Want to help organize our congregation to obtain the Green Sanctuary rating for SNUUC? Thinking about helping an environmental group on Long Island? If you do, contact Diane Hawkins or come to monthly Environmental meeting on the last Sunday of the month (first part of Social Action meeting).

#### Join us for December's Movie Night on Saturday, December 6 at 7:30

Based on the memoirs of Nelson Mandela's prison guard. The Color of Freedom depicts the incredible true story of the deep bond that developed between political prisoner Nelson Mandela and James Gregory, the racist white South African who was Mandela's prison guard for more than twenty years. The Color of Freedom also powerfully chronicles the life-changing journey both men experience during Mandela's imprisonment, as James Gregory confronts the racism he has always known, while Nelson Mandela's struggle for freedom makes him a worldwide symbol of the struggle for equal rights and democracy.

# SNUUC Calendar November 2008

RE-RE Wing M-Minister's Office Meeting places: S-Sanctuary F-Foyer

Sun	Mon	Tue	Wed	Thu	Fri	Sat
October 26 Social Action & Environ 12 rm 1 Art Closing 1pm F Bio Spiritual Focusing 4-6	27 Meditation 7:15 F& S Pilates 8pm RE	<i>28</i> Yoga 5:30-6:30	29	30 Unicrafters 1:00 F Yoga 4:30 F Drumming Wkshp 6pm S Choir Practice 7:30 S	31	November I  NVC 9:30-12 F  ► Pot Luck Dinner 6:00 & Social Action movie Under the Same Moon 7:30
2 Daylight Saving Time ends Ways & Means 12 rm1 Q&A for UU UN Speaker after Service Bio Spiritual Focusing 4-6	3 Meditation 7:15 F& S Pilates 8pm RE	4 ELECTION DAY PULSE 10am RE Yoga 5:30-6:30 F Empathy Circle 7:30 F	\$	6 Unicrafters 1:00 F Yoga 4:30 F COM 5:30 M Drumming Wkshp 6pm S Choir Practice 7:30 S	7 ► Foyer Art Opening Reception 7-9 F	8 NVC 9:30-12 F
9 RE Committee 9am rm1 Thrift Shop Comm 12 rm1 Bio Spiritual Focusing 4-6	I 0 Meditation 7:15 F& S Pilates 8pm RE	<i>11</i> Yoga 5:30-6:30 F Membership 7:30pm F	12 La Leche 9am RE Finance Comm 7:00 RE	13 Unicrafters 1:00 F Yoga 4:30 F Drumming Wkshp 6pm S Choir Practice 7:30 S	15 NVC 9:30-12 F - c building Youth & Adult Con — Entire Building	15 NVC 9:30-12 F - out of building  — Entire Building
<ul><li>16 Association Sunday</li><li>Bio Spiritual Focusing 4-6</li></ul>	17 Meditation 7:15 F& S Pilates 8pm RE	<i>I 8</i> Yoga 5:30-6:30 F Empathy Circle 7:30 F	19 Board Meeting 7:00 F	20 Unicrafters 1:00 F Yoga 4:30 F Drumming Wkshp 6pm S Choir Practice 7:30 S	21 ► Youth Night 6:30-9 RE	22 NVC 9:30-12 F
23 ► Transgender Day of Remembrance Service 7pm S Bio Spiritual Focusing 4-6 30 Social Action& Environ 12 rm 1	24 Meditation 7:15 F& S Pilates 8pm RE	25 Yoga 5:30-6:30	26	27 Thanksgiving Day	28	29

#### Pot Luck Dinner 6:00 & Movie Night 7:30 Saturday, November 1

South Ocean Art Gallery
Opening Reception, Friday November 7, 7-9

Youth & Adult Spirituality Development Conference November 14-16 at SNUUC

The mission of the South Nassau Unitarian Universalist Congregation is to provide a sanctuary of beauty and harmony where: We search in freedom for meaning and truth; we draw inspiration from many religious and philosophical sources while acknowledging the Judeo-Christian heritage of Unitarian Universalism; we embrace diversity and welcome people of all ages, races, and orientations; we affirm that our children and youth are an integral and important part of our religious family; we strive toward a social awareness that leads to transformative action in our community and to living in balance with the environment. Ours is a nurturing congregation where children and adults find acceptance and fellowship, feel empowered and grow spiritually.



SNUUC South Nassau Unitarian Universalist Congregation 228 South Ocean Avenue Freeport, NY 11520