



The Open Line

SOUTH NASSAU

UNITARIAN UNIVERSALIST CONGREGATION

March 1, 2020 10:30 am

Money - The Final Taboo

Coffee: Volunteer Needed

Board Member on Duty: Selina Benson

Rev. Dr. Linda Anderson

Worship Associate Austin Lawther

Ushers: Andrew Spatt & Doris Brass

Greeters: Membership Team & You!

March 8, 2020 10:30 am

Votes for Women -- Votes for All

Coffee: Volunteer Needed

Board Member on Duty: Kristin Seyfried Cathcart

Rev. Carol Huston, Guest Minister

Worship Associate Anne Olsen

Ushers: Andrew Spatt & Rosemary Olander-Beach

Greeters: Membership Team & You!

March 15, 2020 10:30 am

Guiding Our Internal Monologue: The Task of Self-Love Worship Associate Laura D'Angelo

Coffee: Volunteer Needed

Board Member on Duty: Jean Smyth-Crocetto

Bianca Ozeri, Guest Preacher

Worship Associate Laura D'Angelo

Ushers: Andrew Spatt & Volunteer Needed

Greeters: Membership Team & You!

March 22, 2020 10:30 am

Creating Forth

Benjamin Van Dyne, Guest Preacher

Worship Associate Jim Hawkins

This Is a Whole-Congregation Celebration!

South Ocean Art Gallery Meet the Artists Reception is 11:30 am to 1:30 pm

Coffee: Foyer Art Reception, thank you Diane Hawkins & Barbara Singer

Board Member on Duty: Ellen Zaehring-Gach

Ushers: Andrew Spatt & Robin Norris

Greeters: Membership Team & You!

March 29, 2020 10:30 am

Planting Seeds of Spring

Coffee: Potluck! Bring something tasty to share!

Board Member on Duty: Laura D'Angelo

Jamie Boyce, Guest Preacher

Worship Associate Brian Larkin

Ushers: Andrew Spatt & Volunteer Needed

Greeters: Membership Team & You!

If snow cancels Sunday's service there will be a message on the office answering machine.
Call 516-623-1204 after 8:30 am on Sunday to hear if there is a cancellation message.

The Open Line is published monthly by South Nassau UU Congregation, 228 S. Ocean Ave., Freeport, NY 11520, 516-623-1204, snuuc.org

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snuuc@optonline.net 516-623-1204 The office is open 10 am to 1 pm Tuesday through Friday, and every third Monday

Board of Trustees

Jean Smyth-Crocetto, President

jmsmyth@verizon.net

Kristin Seyfried Cathcart, Vice President

Laura D'Angelo, Secretary

Ellen Zaehring-Gach, Treasurer

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Continuing Conversations

Sharing Ourselves

What brings you joy? Speaking for myself, I can say that beauty brings me joy. It goes right into my soul and calms me as it takes my breath away. That's why I love poetry. I also love photography. When I travel I often try to write poems in a style inspired by haiku, (a Japanese form of poetry with 5-7-5 syllables in the three lines). I pair my poem with a photograph. The spareness of the words, paired with the image, seems to best express my experiences. I'm thinking about words and images these days because an exhibit has opened at the Museum of Modern Art featuring the photographer Dorothea Lange and it combines her words and photographs. Can't wait to see it.

I'd like to share some of my words and images here. One winter I took a trip through Chile and Argentina, driving around in a truck and camping. Here's a bit from that adventure.

Next time you see me, tell me something of your adventures.

Peace, Rev. Linda

Crossing the Andes

perfect volcanoes
puff smoke into perfect skies
turquoise lakes glitter



Iguazu Falls

at first only mist
then a roar speaks the presence
of rivers falling



Calling All Interested in Social Action —

Sunday, March 1 at noon. Are you interested in joining with other SNUUC members for social action? Let's get together on March 1 and brainstorm what areas we would like to focus on and what actions can arise from them. Let's make the world a better place!

Rev. Dr. Linda Anderson's office hours are Fridays from 10:30 am to 2:30 pm, this month on March 6 and 27 only, because she is traveling. If you wish to speak with her please make an appointment so she can clear her time for you. Contact Linda at revlin23@gmail.com.

OUR BOARDWALK

Hi everyone!

Here's what's going on with the Board of Trustees.

At the February board meeting, we had a presentation from the 2020-21 Stewardship Team, Barbara Behrens and Barbara Singer. They have a great plan for our campaign this year, which kicks off on Sunday, March 1. I am really looking forward to it. The board members have already received our pledge packets and we are getting our pledges together as we speak. Please start thinking about your own commitment to SNUUC. The board is grateful to Barbara and Barbara for their creativity and dedication.

Also in March, Rev. Dr. Linda will be leading a gathering of folks interested in Social Action. That happens on March 1 after the service.

On the Capital Gifts front, we are working toward making the outside sign a reality, and have started working on other projects related to the gifts. We have a lot of work to do, and are so grateful for the gifts that enable us to do it.

The board has changed how we do Board Member on Duty (B-MOD) duties. Look for the sign in the foyer during coffee hour to find out who the B-MOD is, and that person will be available during coffee hour to talk with you. We'll have a second board member handling the other fiduciary responsibilities so that you can have easier access to the board.

I think that's it for now.

Yours in faith and service,
Jean, Kristin, Ellen, Laura, Ilene, Mark and Selina
(the SNUUC Board of Trustees).

THE POWER OF WE: This year's Stewardship Campaign

“From you I receive, To you I give,
Together WE share, and From this WE live”.

These familiar words of hymn #402 sum up the essence and simplicity of this year's stewardship campaign – The Power of WE. Together our collective financial commitments will expand through “The Power of We” and ensure the continuation of SNUUC's mission: to support our spiritual journeys, embrace our common needs and serve the greater community.

The “Do It Your Way” (DIYW) concept affords you the opportunity to ask yourself if your current pledge matches how much SNUUC means to you personally. Once you've searched your heart and honestly answered that question, the amount you come up with is the right one for you and will be gratefully received.

March is “Stewardship” month beginning on Sunday, March 1 with our campaign kick-off, mailing of the pledge packets by mid-March containing all the details of how to Do-It-Your-Way, and ending on March 31 with all of your completed pledge forms received. We need your help to meet this deadline and thank you in advance for your generosity and choosing to Do-It-Your-Way.

Watch the March News You Can Use for DIYW Campaign updates.

Thanks,
your Stewardship Team for 2020-21
Barbara Singer and Barbara Behrens

Among Ourselves

We welcome new member, **Patsy Turrini**. Patsy has attended on and off for quite a while and most recently she is part of the *White Fragility* discussion group. Patsy is looking forward to more involvement with SNUUC. Be sure to say hello at coffee hour.

Jim Hawkins will be telling and performing Part I of his storytelling project, "The Irish People in Story, Song and Poetry" on March 4 at 7 pm in Kellenberg Hall at Molloy College in RVC. Also, Jim will be telling and singing humorous Irish stories and songs in various libraries on LI during month. Check his website (jimhawkinsirishstory.com) for locations, dates and times. On St. Patrick's Day, Jim and Greg Ryan will be playing traditional Irish music and songs from 5-9 pm at Kitty O'Hara's restaurant and pub in Baldwin.

Committees at Work

SNUUC committees meet regularly and welcome attendance at their meetings even if you are not a member of the committee. Speak with a board member if you would like to learn more about serving.

Interested in Social Action? Are you interested in joining with other SNUUC members for social action? Let's get together on March 1 at noon and brainstorm what areas we would like to focus on and what actions can arise from them. Let's make the world a better place!

The Board of Trustees will meet on Thursday, March 12 at 7:15 pm in the foyer. If you are attending, please email board president Jean Smyth-Crocetto before Thursday and she will put you on the agenda, jmsmyth@verizon.net Thanks!

The Thrift Shop Committee is scheduled to meet on Sunday, March 8 at noon. Please speak with Anne Olsen, to find out more about this important committee, afleming528@gmail.com

The RE Team will meet again soon. Speak with Sharon Pataky or Sharon Kennelly-Cohen, RE team co-chairs, for more information, snuucRE@gmail.com.

The Membership Team will meet again in March. Please contact committee chair Mary Carney at mcarney10858@gmail.com to get involved!



The Caring Team seeks to build and strengthen our caring congregation by communicating and coordinating support for the needs of members and deepening connections of members with SNUUC by regularly reaching out. If you have a need that the team might help with, please contact a team member: Doris Brass, Julie Buckley, JoAnn Fassman, Rev Linda Anderson revlin23@gmail.com or e-mail snuuccaring@optimum.net

South Ocean Art Gallery

Our Next Foyer Art Exhibit is *Nature – Up Close* March 15 to April 17

The Art Committee is pleased to announce the next Foyer Art exhibit *Nature – Up Close*, featuring photographs by Raphael Aguilo and colored pencil drawings by Lauren Reiss, husband and wife.

Everyone is encouraged to attend and invite your friends to meet and greet Raphael and Lauren at the **Meet the Artists Reception on Sunday, March 22 from 11:30 am to 1:30 pm during coffee hour.**

SNUUC's Art Committee's mission is to create connections among SNUUC members, visitors and the community. We are open to your ideas for art in the foyer and for the creation of communal art projects. If you wish to help out with art openings, finding artists, and/or creating art with other members, contact Diane Hawkins, parkviewdesign@verizon.net or Barbara Singer, barbara.singer@gmail.com



**Mark your calendars for a
CIRCLE ROUND POTLUCK
on Friday evening,
March 27
at 6 pm at SNUUC.**

Join the Membership Committee for a casual hangout in the Brantley Wing. Let's get to know each other better and make some new friends.

Please bring food for your family and enough to share with others. Families, new members, old members, visitors - all are welcome!

RSVP by text or call to Mary Brower, 516-532-2554, so we know how many tables to set up.

Save the Date: Sunday, May 10 is MOTHER'S DAY FAMILY BRUNCH during coffee hour. All are welcome! Help is needed for set up and break down, donations of quiches, juices, fruit salad, bagels and favorite spreads and any other of mom's favorite foods. Hot food will be served. Sponsored by Membership Committee, please contact Mary Brower 516-532-2554, text is best.

Spiritual Arts and Practices

Spirituality Group

The Earth-Based Spirituality Covenant Group

meets to recognize the Divine in each other within a supportive, sacred space. This journey includes an exploration of paganism and women's issues. The group meets in the foyer from 10:30 am to 12:30 pm on alternating Thursdays, March 5. For more information contact Mary Carney, mcarney10858@gmail.com.

Meditation

Wake up a little earlier on Saturday and join the Meditation Group

(aka the South Ocean Sangha). Our group practice meets at 9 am Saturdays in the Brantley Wing. This group is open to beginners. All you need to do is take a seat. For more info please contact Brian Larkin, bolarkin@optonline.net.

DrUUmatics

SNUUC's drumming ministry, the DrUUmatics,

often practice on Thursdays at 3:30 pm in the Brantley Wing. Find more information on their website www.druumatics.org or find the DrUUmatics on Facebook. Speak with Sharon Pataky or Laura D'Angelo for more information.

NVC

Compassionate Communication Practice Group

- Returning members of the Compassionate Communication Practice Group who have completed at least one workshop series of Compassionate Communication with us in the past are invited to come and share what is alive in you during our shortened workshop series format which will run from March 21 to May 9 at the regular Saturday meeting time, 9:45-11:45 am. Please let Barbara Singer, barbara.singer@gmail.com or Anne Olsen, afleming528@gmail.com know if you plan to attend.

Journaling

The Women's Journaling group.

"Journal writing is a voyage to the interior," Christina Baldwin. SNUUC's *Women's Journaling Circle* will have its next meet-up on Wednesday, March 4, from 1:30 to 3:15 pm. We are currently working with Christina Baldwin's *Life Companion*. If you would like to join the circle, please bring your book and journaling materials with you. For additional information, please contact Anne Olsen at afleming528@gmail.com.

Affiliated Programs

Pilates

Pilates classes at SNUUC take place on Mondays 5 to 6 pm and Wednesdays 5:30 to 6:30 pm, only \$12 per class - no contracts to sign, no commitment, just come and stretch!

Questions? Speak with Lori at digme77@optonline.net.

Improv

Spontaneity, Creativity, Fun!

Improv classes continue at SNUUC on Sundays, 2 to 4 pm (beginners), 4 to 6 pm (experienced). Cost is \$125 for 5 classes. For more info, go to

<http://longislandimprov.com/>

Yoga

Linda Cucurullo offers a weekly series of **Monday morning yoga classes** at 9 am in the foyer. These classes are aimed at developing strength, balance, and flexibility while building a gentle environment in which to practice and grow. The cost for the 6-week series is \$75 (\$60 to Linda and \$15 to SNUUC). Please contact Anne Olsen at afleming528@gmail.com if you would like to join.



Our Thrift Shop

Do you want to help our congregation AND our community? Our Unitarian Thrift Shop at 22 W. Merrick Rd. is a great place to volunteer, donate, or shop! With your generous donations of small kitchen appliances, cook and bake ware, working electronics, and small pieces of furniture, trinkets, jewelry (plus knick knacks, odd items of interest, and sell-able used clothing), we help to furnish the homes of those in need and of our neighbors here in Freeport. *The Thrift Shop's income contributes significantly each year to the operating funds of the congregation.* Our Thrift Shop is open Monday and Tuesday from 10 am to 1 pm and Wednesday through Saturday from 10 am to 4 pm. The phone number is 516-223-3974.

Urgent: If you've been thinking about volunteering in our Thrift Shop - NOW is the time. Please speak to Jay Gach, Anne Olsen or Barbara Singer, if you can help. **Thank you!** Any questions? Please feel free to talk with one of our regular volunteers at the shop: Anne Olsen, Andrew Spatt, Joe McAuley, Jay Gach, Phil Kennelty-Cohen, Paul Eichmann, Barbara Singer, Arnie Herman, Doris Brass, Fylice Larsen, Frank Stevens, Bobby Granoff, Jim Hawkins and Robin Norris. **We are grateful to the many volunteers who are not SNUUC members who help keep our Thrift Shop open. If you know someone who is looking for a great volunteer opportunity, please put them in touch with our Thrift Shop, thanks!**

Recycle your plastic bags! Our Thrift Shop is in need of bags to give customers with their purchases. Please drop them off at the Thrift Shop, 22 Merrick Rd in Freeport, the next time you're in the neighborhood.



Beautiful Quilts! Our current Foyer Art exhibit features the works of four quilters whose love of quilting is obvious to all. Artists Ellen Foster, Naomi Mankowitz, Cathy Micheals and Helen Beall are standing in front of just a few of their beautiful quilts on display. Most of the quilts are for sale and please remember that SNUUC receives a portion of all sales. Diane Hawkins and Barbara Singer, the Art Committee Co-chairs, are pictured with the quilters, on the far left and right.



LIAC News - *The Long Island Area Council of UU Congregations (fondly referred to as LIAC) aims to*

“serve as a catalyst to promote denominational awareness and effectiveness through communication, leadership and educational programs.” Delegates from LI congregations met Feb. 12. Here’s an update.

Annual Workshop and Dinner - Mark your calendars for Saturday, April 18, to attend the annual workshop and dinner at the UU Fellowship of Stony Brook in East Setauket. The (free) workshop, called “Why Is It So Hard to Get People to Do Anti-Racism Work?,” will be given by the Rev. Paula Cole Jones. The workshop is from 1 to 5 pm, with cocktails and dinner following. Dinner is \$25 in advance, \$30 at the door. You can register at liacuu.org. Please see the flyer attached to this edition of the Open Line for more information. This is a wonderful opportunity to be in community with UUs from around Long Island!

Fifth Sunday Giving - On March 29, SNUUC will welcome Mary Beth Guyther to speak on behalf of the Long Island Area Council of UU Congregations’ Social Justice Roundtable. See more information about 5th Sunday Giving and LIAC’s Social Justice Roundtable on the next page.

The next meeting of the LIAC Board is March 15. Please let me know if there is SNUUC news or events to be shared. In faith, Rosemary Olander-Beach, rosemaryolander@optimum.net, SNUUC LIAC delegate

Our UU Community

5th Sunday Giving

Through our Fifth Sunday Giving program, which takes place in months when there are five Sundays, SNUUC members and friends are invited to make contributions to organizations whose missions align with Unitarian Universalist values. On so-called Fifth Sundays, plate offerings not marked as pledge are given to the designated nonprofit.

In January, SNUUC welcomed former youth member Katie Beach to speak on behalf of the Mary Brennan INN's Center for Transformative Change, where she works as a case manager. The Mary Brennan INN is committed to serving the hungry and homeless on Long Island, and its Center for Transformative Change, launched in 2016, aims to provide social services to its guests to help them get on their feet. SNUUC raised \$270 on January 26 for the Center for Transformative Change.

On March 29, SNUUC will welcome Mary Beth Guyther to speak on behalf of the Long Island Area Council of UU Congregations' Social Justice Roundtable. In September, LIAC engaged Mary Beth's services as Social Justice Coordinator to reinvigorate the roundtable and increase UU voices on Long Island by bringing people together from our 11 congregations. This past fall, Mary Beth obtained a \$2,000 grant for the roundtable from the UU Funding Panel; there is an additional \$4,000 available if LIAC can raise matching funds. We are aiming to raise additional funds through SNUUC's Fifth Sunday Giving to help the Social Justice Roundtable fulfill its mission to provide a space to: bring congregations together to communicate and collaborate, link with nonprofits fighting for social justice, strategize with other progressive faith allies, and develop tools for bearing witness to strengthen the voice of UUism to promote social justice on Long Island.

Please come for worship on March 29 ready to hear the good news of the roundtable's work — and to give generously.



The contestants at the Not So Newlywed Talent Auction Event in February had fun and raised funds for SNUUC.

In the RE Wing

This is my first column since accepting the role of Religious Education Team Leader at SNUUC. I have been working with Harriet in RE doing Youth Ministries for the past 4 years and I attended the RE program here.

I'm pleased to report that all is well in the Brantley Wing under our newly configured program for children and youth. After RE Coordinator Harriet Arnold took a medical leave in January, the RE team met with the Rev. Linda to re-envision the program. We came up with a plan to have a small rotating group of teachers pitch in each week.

We are grateful for the members of the congregation taking on roles as teachers. I am so grateful for Sharon Kennelty-Cohen who has volunteered to be with us almost every Sunday. She has been joined by Sharon Pataky and Jim and Diane Hawkins. Their commitment to SNUUC and to our children and youth has helped us move seamlessly into the Spring.

Two of our youth are participating in the Coming of Age program this year. This is the Unitarian Universalist rite of passage that facilitates an in depth learning about the history of our faith and developing and defining beliefs. It is the culmination of a process that involves the young person meeting with a mentor, studying the history of our faith and designing projects that reflect their learning and aspirations. The youth will grapple with questions about God, Spirit of Life, Jesus, miracles, life after death, fate and destination.

This yearlong project will be celebrated at the Coming of Age service at SNUUC on June 7 where the youth will share their credo statements, which are their belief statements of what they hold to be true.

Mark your calendars! You too can make time to reflect on your own credo. Perhaps at coffee hour with congregants of all ages!

In faith,
Meghan LaDue



What could be better on Easter Sunday than to help ensure those who are less fortunate living on the streets of NYC have a wonderful Easter Sunday breakfast?

You can help make this happen!

SNUUC has been invited to participate in the Midnight Run Breakfast Run on Easter Sunday with the UU Congregation of Central Nassau. If you would like to help to ensure people who are less fortunate to have a wonderful Easter Breakfast, please contact
Ilene Corina, icorina@aol.com.

**The time commitment is:
Saturday, April 11, 11 am to 2 pm
to prepare at UUCCN in Garden City
and
Easter Sunday, April 12,
5:30 am leave UUCCN for NYC to
10 am return to UUCCN**

First timers are welcome! Car / truck / van helpful but not required.
Ages 14 and up!



Only requirements are helpful hands and a loving heart.



We Love Coffee Hour Won't You Help Make It Happen?

Thank you to all who have signed up to serve refreshments at our Coffee Hour after the service on Sunday mornings! **More volunteers are needed, most of March is available!** It does not have to be elaborate: Just bring a half-gallon of milk and come at 10 am and make coffee.

Any additional snacks are simply a nice treat! Ask a friend or a new member to do it with you. Committees are asked to do coffee hour as a group; this is a wonderful opportunity to publicize who they are and what they do. Also watch for "potluck" Sundays, the last Sunday of the month, when you can bring something tasty to share.

Please choose a date to serve coffee and sign up on the sheet in the foyer or contact Nancy Levy, maccaronio@aol.com Thank you!

SNUUC Calendar March 2020

Meeting places: S-Sanctuary F-Foyer RE-Brantley Wing M-Minister's Office

Sunday	Mon	Tue	Wed	Thu	Fri	Sat
1 Money - The Final Taboo - - Rev. Dr. Linda Anderson Social Action meeting 12p F Improv 2p F	2 Yoga 9a F Pilates 5p F	3 Finance Comm 7p M	4 Women's Journaling 1:30p F Pilates 5:30p F	5 Earth-Based Spirituality 10:30a F Drumming practice RE 3:30p	6 Foyer Art takedown 12p F	7 Meditation 9a RE Stewardship Training 12p RE Stewardship Event 4p F
8 Votes for Women - Votes for All - Rev. Carol Huston Thrift Shop Comm 12p F Improv 2p F	9 Yoga 9a F Pilates 5p F	10	11 La Leche 9a RE Pilates 5:30p F	12 Drumming practice 3:30p RE Board Meeting 7:15p F	13	14 Meditation 9a RE Foyer Art Installation 12p F
15 Guiding Our Internal Monologue: The Task of Self-Love - Bianca Ozeri Improv 2p F	16 Yoga 9a F Pilates 5p F	17	18 Pilates 5:30p F	19 Earth-Based Spirituality 10:30a F Drumming practice 3:30p RE	20	21 Meditation 9a RE NVC 9:45a
22 Creating Forth - - Benjamin Van Dyne Meet the Artist Reception 11:30a F Membership Comm 12p RE Improv 2p F Open Line deadline for April	23 Yoga 9a F Pilates 5p F	24	25 Pilates 5:30p F	26 Drumming practice 3:30p RE	27 Family Circle Round Potluck Dinner 6p RE	28 Meditation 9a RE NVC 9:45a
29 Planting Seeds of Spring - - Jamie Boyce Improv 2p F	30 Yoga 9a F Pilates 5p F	31	April 1 Women's Journaling 1:30p F Pilates 5:30p F	2 Earth-Based Spirituality 10:30a F Drumming practice 3:30p RE	3	4 Meditation 9a RE NVC 9:45a

Calling All Interested in Social Action - Sunday, March 1 at noon

Meet the Artists Reception for *Nature - Up Close*, Sunday, March 22, 11:30 am to 1:30 pm

CIRCLE ROUND POTLUCK - Friday, March 27, 6 pm at SNUUC

5th Sunday Giving - Sunday, March 29, for LIAC's Social Justice Roundtable

The mission of the South Nassau Unitarian Universalist Congregation is to support our spiritual journeys, embrace our common needs and serve the greater community. This mission has arisen from our hearts through reflection and dialogue about who we are and why we exist in the world.

Support Our Spiritual Journeys Consistent with our third and fourth principles, we accept one another and encourage the individual search for truth and meaning. We understand that we are on a journey both as individuals and as a community. We provide a haven for liberal religious spirituality and thinking. We highly value the asking of questions. We create a safe space where people can be themselves and realize their greatest potential.

Embrace Our Common Needs We provide a sanctuary for all who aspire to Unitarian Universalist values. We exist to be a unifying voice for the multiple theologies and philosophical and ethical perspectives that represent us. We embrace our diversity, welcoming people of all races, sexual orientations and gender identities. We encourage freedom of expression and the right to be different without judgment or restriction.

Serve the Greater Community We are a positive force in the lives of others, particularly those who are marginalized. We contribute to the realization of a more just, peaceful and compassionate world. Through kindness, generosity and touching the hearts of others, we transform the world around us. We connect our beliefs to action and take what we learn out into the world.



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Unitarian Universalist Congregation
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